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MOREHOUSE PUBLISHING'S *THE NIGHT IS LONG BUT LIGHT COMES IN THE MORNING* PROVIDES INSIGHTFUL DIRECTION FOR LONG-TERM RACIAL HEALING

Provides Tools and Experiences for Faith Communities to Combat Racism

NEW YORK, NY — April 10, 2023 — Morehouse Publishing, an imprint of Church Publishing Incorporated (CPI) and publisher of inspiring, informative, and thought-provoking books, announced the release of *The Night is Long but Light Comes in the Morning: Meditations for Racial Healing*. Written by Catherine Meeks, PhD, Executive Director of the Absalom Jones Episcopal Center for Racial Healing and winner of The President Joseph R. Biden Lifetime Achievement Award, the book provides a meditative guide to restoring oneself from racial trauma and committing to the long work of dismantling racism.

“Catherine has dedicated her life to fighting racism and providing tools and experiences to enable faith communities to combat it,” said Airié Stuart, SVP and Publisher of CPI. “This book is a much-needed guide for those who are weary and frustrated in their efforts to confront racial injustice. It encourages readers to take responsibility for their own healing and to work together to create a more just and equitable society.”

Dr. Meeks draws on her 50 years of experience as a public speaker, scholar, and advocate for the disenfranchised to offer insights and highlights from her journey. She argues that by looking inward and at each other clearly, people of all backgrounds can forge a long-term and individual path to making a difference.

With a foreword by The Most Reverend Michael B. Curry, Presiding Bishop and Primate of The Episcopal Church, Dr. Meeks covers a range of topics, including how to work through fear and rage, how stories can help heal, how to honor ancestors while looking toward the future, what it really means to love one another, and what is the meaning of social justice.

Dr. Meeks is widely regarded as a thought leader in the areas of racial justice and healing. Her work has been influential in promoting awareness and providing tools to combat racism. She is a sought-after speaker, writer, and teacher, known for her

insightful and compassionate approach to addressing issues of race, spirituality, and social justice. Her work has inspired many to deepen their understanding of racial trauma and commit to the long-term work of dismantling racism. As a thought leader, Meeks continues to push the conversation forward, challenging individuals and institutions to engage in meaningful and transformative change.

The Night is Long but Light Comes in the Morning: Meditations for Racial Healing, can be ordered through [CPI](#) at any Episcopal, religious, or secular bookstore, or through any online bookseller.

The Night is Long but Light Comes in the Morning: Meditations for Racial Healing

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About Morehouse Publishing

Morehouse Publishing, an imprint of Church Publishing Incorporated, is the provider of inspiring, informative, and thought-provoking books on a wide range of topics including inspiration, social justice (including racial equity and LGBTQ+), and leadership.

About Church Publishing Incorporated

Founded in 1918, Church Publishing Incorporated is a multi-market publisher of trade books for general readers, academic works, church resources, and official liturgical works for the Episcopal Church.

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